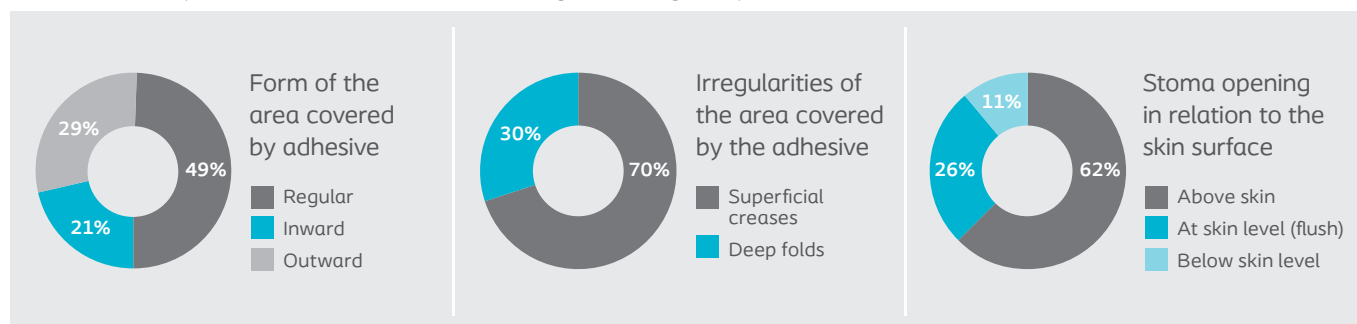


Solutions based on individual needs are more likely to be secure

The selection of an appropriate ostomy solution is vital in preventing leakage and associated complications.¹

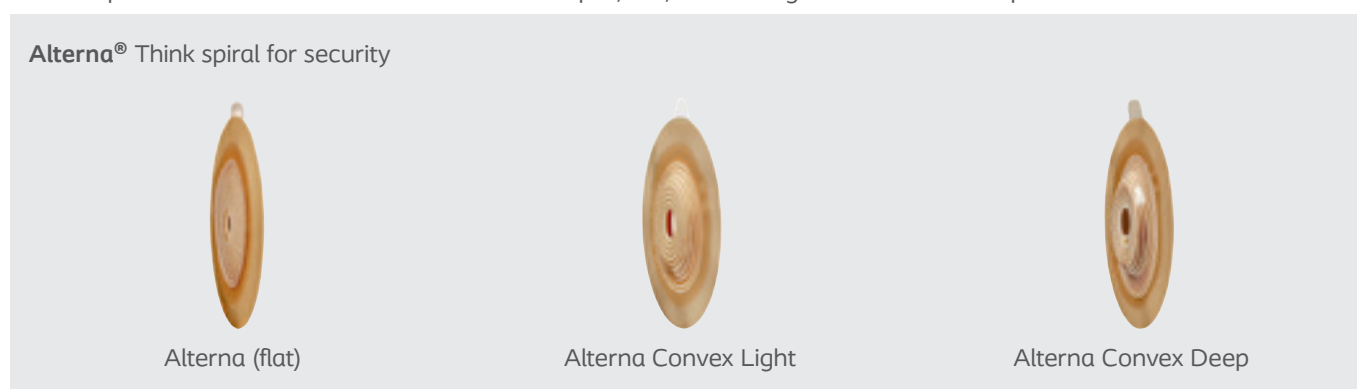
Peristomal body profiles and peristomal challenges differ greatly.²



The diversity of challenges that people with a stoma may experience in the peristomal area indicates that different people need different solutions. We believe that an appropriate ostomy solution is one that is truly personalised based on individual needs.³

Coloplast has appliances and supporting products to suit all three body profiles – Regular, Inward and Outward – as well as peristomal issues.

The Coloplast adhesives come in three different shapes; flat, Convex Light and Convex Deep.

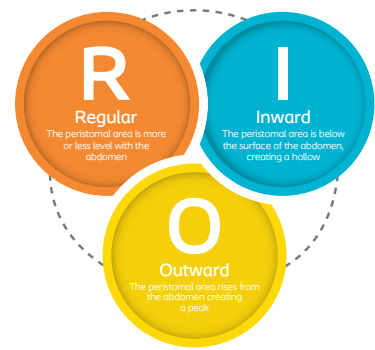


Brava® supporting products for customising appliance-fit and for issues such as leakage and skin irritation.



The right ostomy solution for your patient

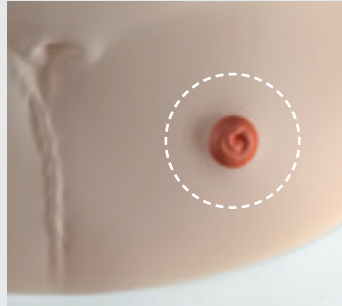
Below are some examples of common product solutions for different body profiles and issues.



R

Regular

A flat Alterna® adhesive will usually be adequate for a person with a stoma opening positioned above skin surface. In case of dips, creases and folds in the skin surface, a mouldable ring can be added to help create an even surface to ensure a secure seal.



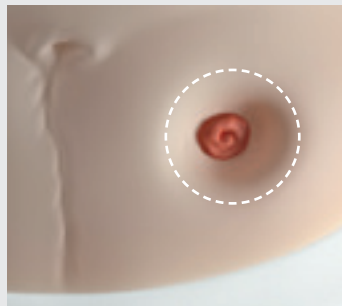
Alterna® (flat)
Brava® Mouldable Ring



I

Inward

To secure the seal between the adhesive and the peristomal skin for a person with an Inward body profile, a Alterna® Convex Light solution could be considered. If the stoma opening is positioned at or below skin level, an Alterna® Deep convex could be considered to help the stoma protrude.



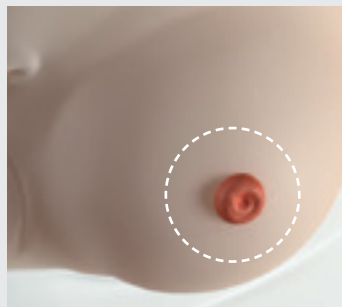
Alterna® Convex Light
Alterna® Convex Deep



O

Outward

People with an Outward body profile may need extra support from a Brava elastic tape to keep the adhesive more stable and prevent the edges from lifting and rolling.



Alterna® (flat)
Brava® Elastic Tape



Where the intention of the above examples is to present the most common solutions for obtaining a secure seal, there are other things to consider when deciding on an ostomy solution:

- Preferences on pouching system: 1-piece or 2-piece (mechanical or adhesive coupling)
- Type of pouch: open, closed or uro
- Adhesive durability: standard or extended wear
- Everyday life activities
- Patient-specific challenges or issues to solve

For further support, please reach out to your Coloplast representative.

1. Buckle 2013 GIN
2. Ostomy Life Study 2015/16. PM-03660
3. Ehmsen 2010 Data on file. PM-03869

Ostomy Care / Continence Care / Wound & Skin Care / Urology Care